

# KINSHIP CARE TRAINING & SUPPORT 2024

MEETS  
IN-PERSON  
ON THE 1ST  
THURSDAY  
@ 6-7:30 PM



DINNER &  
CHILDCARE  
PROVIDED!

AT VISTA  
PARK  
OFFICE

**Jan 4** - *Crafting Your "Kin Kit"*: Understanding Child Development  
(and The Impact of Trauma)

**Feb 1** - *Kinship Caregiving*: Engaging a Child's Triggers (ABCs of Behavior)

**Mar 7** - *The Kinship Conundrum*: How to Make Self Care Work for YOU

**Apr 4** - *Your Kinship Connections*: Local Resource Highlights

**May 2** - *Crafting Your "Kin Kit"*: Common Child Diagnoses & Practical Tips

**June 6** - *Kinship Caregiving*: It Starts Here (Observe & Describe)

**July 11\*** - *The Kinship Conundrum*: Changing Family Dynamics  
with Bio Parents

**Aug 1** - *Your Kinship Connections*: Local Resource Highlights

**Sept 5** - *Crafting Your "Kin Kit"*: Cultivating a Sense of Security &  
Strong Self-Esteem

**Oct 3** - *Kinship Caregiving*: Decision-Making (SODAS)

**Nov 7** - *The Kinship Conundrum*: Building Your Circle of Support

**Dec 5** - *Your Kinship Connections*: Local Resource Highlights

**Max of 10 participants,  
must RSVP in advance!**

**Reach us at:**  
[kinship@patrickhenry.org](mailto:kinship@patrickhenry.org)  
434-300-HOPE

# SERIES DESCRIPTIONS

## CRAFTING YOUR "KIN-KIT"

These sessions will help build your kinship toolkit by developing knowledge and resources about being trauma-informed. The goal of crafting a "kin-kit" is to not only equip you with knowledge but also help your understanding of the history of the child in your care, and how you can move forward to support their emotional needs.

## KINSHIP CAREGIVING

Since kinship caregiving does not come with a rulebook, this series will be focused on giving you practical tips and tricks to engage the children in your care. Adapted from the Teaching Family Model, these sessions strive to help you feel confident in your parenting skills, and empowered to respond to a child's behavior in an effective way.

## THE KINSHIP CONUNDRUM

Kinship care differs from foster care in one major way; this child is in your family. The already complicated world of family may have just gotten more complicated. These sessions are geared to address some of the unique obstacles that kinship caregivers face. Here we provide a space to talk about these obstacles with others in a similar place and to equip you with options moving forward.

## YOUR KINSHIP CONNECTIONS

There is a lot of help out there, for so many different needs, and it can be hard to navigate! In these sessions, we want to present you with some local community resources that can best support you and your family on this kinship journey.